

## Ericksonian Hypnotic Language Patterns

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### **Volume 46. "Structure of Magic" Presuppositions 21 - 25.**

Bandler and Grinder's book, " The Structure of Magic " is a treasure trove of incredibly useful presuppositions. We are bringing them to you in summary.

#### **21. Selection Restrictions**

(restricts the groups you can select from)

If my professor gets pregnant, I'll be disappointed. (ergo, the professor is female.)

#### **22. Questions**

(implies through the asking of a question)

Who learned the most?

#### **23. Negative Questions**

Aren't you interested in taking your skills to the next level?

#### **24. Rhetorical Questions**

Who cares whether you run or not?

#### **25. Spurious not**

I wonder if you are not already far ahead of the curve?

I know you know having a functional facility with these patterns would be useful, to say the least. So I'm also sure you'll want to take the time to practice these by writing them out and then actually using them with your fellow humans, now won't you?

See you next week.

**Have fun!**